

CALGARY FOOD BANK WISH LIST



PERISHABLE FOOD

Please note we do not accept any home grown fruit. Fresh food must be donated at our warehouse at door 7 and **cannot** be placed in grocery donation bins.

CANNED FOOD

Vegetables: Carrots, Peas, Green Beans, Mixed Vegetables, Tomatoes

Fruit: Peaches, Pears, Oranges, Pineapple, Mixed fruit

Protein: Ham, Turkey, Chicken, Salmon, Tuna, Beans

Soups

GRAINS

Pasta
Macaroni & Cheese
Rice
Cereal

OTHER

Pasta Sauce (no glass jars)
Juice
Peanut Butter

OTHER ITEMS

Hygiene Items: Shampoo, conditioner, hand soap, deodorant.

Baby Items: Formula and Diapers (opened or unopened)

Pet Food

Birthday Party Items: Party Supplies, Books, Games, Toys, Cake Mixes, Icing, Balloons, Candles.

WAYS TO DONATE

Drop off your non-perishable food in the donation bins at any major grocery store.

Drop off non-perishable or fresh donations directly to the food bank at our warehouse (5000 11 Street SE) at door 7.

Hold a food drive and have your non-perishable food picked up by our drivers.



ITEMS WE CAN'T ACCEPT

Dented or unlabelled cans
Broken and open packages
Supplements
Homemade food
Out of date food items
Candy and pop