



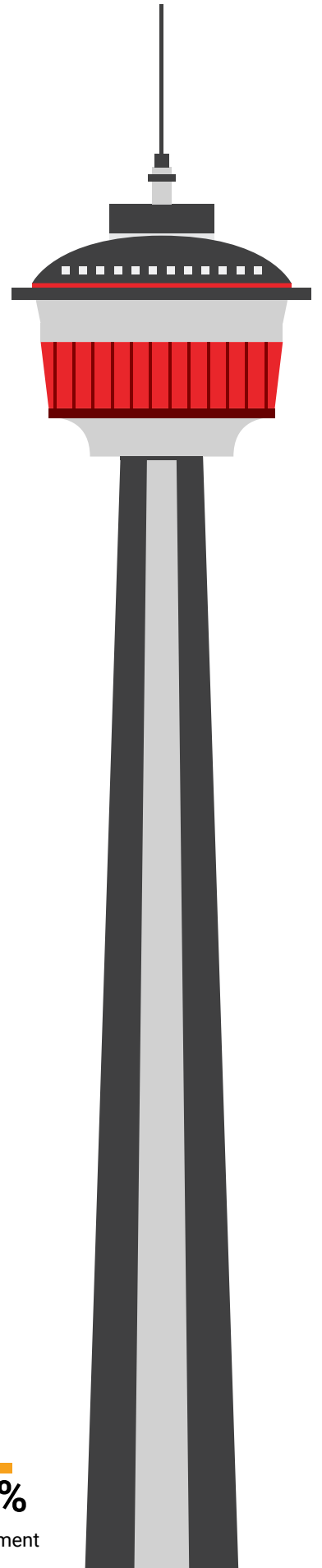
149,909

Total number of hampers distributed to Calgarians through all of our programs.



1,320,635

Pounds of food distributed through Food Link program to **56** partner organizations with a value of **\$4,263,848**.



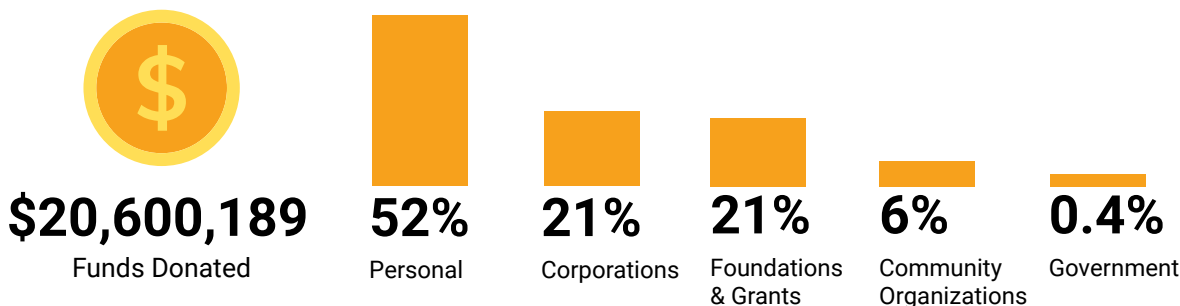
91%

Of our donations come from our **360** food industry partners. We rescued **13,327,753** pounds of quality food with a value of **\$41,815,532**.



4,780

Total number of people connected with and guided to **93** programs across **62** community partners to receive help beyond food.



Volunteers



Volunteers accounted for **62%** of the Calgary Food Bank's workforce giving **146,122** hours of time.

1,770

Group Shifts

26

Volunteer Roles

468

Hours A Day

163

Volunteers A Day

Hampers



144,760

Emergency Food

4,785

Weekends And More

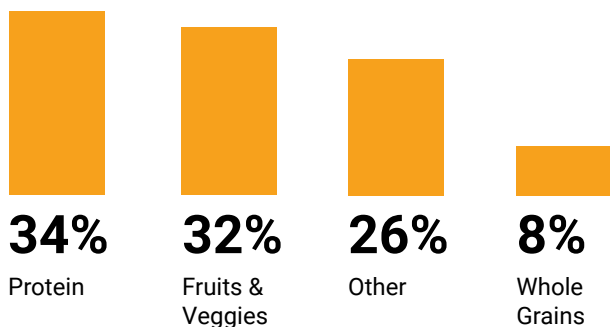
22,195

Baby

364

Welcome Home

What's In A Hamper



Clients



88,399

Unique clients served through Emergency Food Hampers.



Going to the Calgary Food Bank was like going to visit a friend's house to ask for a bit of help, I was overwhelmed and incredibly humbled by the whole experience.

-Client Quote

Client Demographic Breakdown:

64% Families

36% Individuals

34% Children

31% Working

7% Single Parents

4% Seniors



Top 3 reasons for using the Calgary Food Bank:

Fixed Government Benefits: **24%**

Unemployed/Looking for Work: **20%**

Full-Time Income Insufficient: **16%**



\$3.50

Worth of food can be distributed for every dollar donated.