

# CALGARY FOOD BANK



## Did You Know

The Calgary Food Bank Mobile Hamper program provides short-term relief from hunger with easy to open, ready to eat, shelf stable food for one to two days for people without housing.

## MOBILE HAMPER WISH LIST

- Pop-Top or easy-open Soups/Stews
- Boost/Ensure (Meal Replacements)
- Canned Tuna/Chicken Snack Packs
- Soft Granola Bars
- Hand Warmers