

WHO WE ARE

Established in 1982, the Calgary Food Bank is a charitable organization dedicated to gathering and distributing quality emergency food to those in need.

WAYS TO GIVE

I: ONLINE

We take cards online through our online donation page, calgaryfoodbank.com/donate

II: OVER THE PHONE

Call 403.253.2059 to make a phone donation. Never give credit card info to anyone who calls you directly.

III: IN PERSON

We take food and fund at our main location (5000 11 Street SE)! Food can be delivered to the back, Door #3. We also take cash, credit, cheques and more at our admin doors.

IV: AND MANY MORE!

Visit our website for even more ways to give back to your community!

OUR MISSION

Together, we fight hunger and its root causes because no one should go hungry

OUR VISION

A hunger-free community

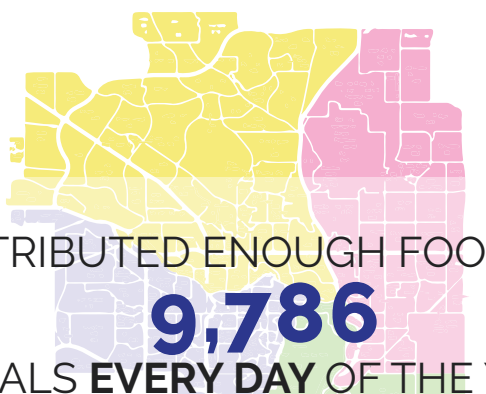
HOW WE WORK

Our hampers meet or exceed Canada's Food Guide and contains one week of food for each person.

Eligible people may receive up to seven emergency hampers in a 12-month period. Clients may receive the first three hampers through self-referral, while our agency partners must refer the last four.



As well as receiving an hamper, we provide clients information and resources to address the underlying reasons for experiencing food insecurity.



DISTRIBUTED ENOUGH FOOD FOR
9,786
MEALS EVERY DAY OF THE YEAR

The majority of the people we assist are working-poor Calgarians struggling to make ends meet.

COMMUNITY OWNED. COMMUNITY SUPPORTED.

EMERGENCY FOOD HAMPERS

In alignment with Canada's Food Guide recommendations, we provide those in temporary crisis with seven to ten days worth of quality nutritional food. 66,041 Emergency Food Hampers were distributed last year. That's 170,093 lives that were affected, alleviating the stress of wondering where their next meal was coming from and providing the fuel to help deal with their crisis.

WEEKENDS AND MORE

Our new program to help students who are food insecure on the weekends, when they have no access to school breakfasts or lunches. During the 2015-2016 school year nine schools across the city received 4,600 childfriendly hampers. Teachers tell us 219 students are now thriving academically and socially because they have the nutrition to learn and lead.

FOOD LINK

Food Link ensures that 228 non-profit and charitable organizations and programs receive necessary food and supplies. We know that agencies and their clients thrive when they can focus on meeting the needs of the community instead of sourcing food. Last year, 2,828,800 pounds of food moved through this program for Calgarians in every quadrant of the city.

SPECIALTY HAMPERS

Specialty Hampers help us meet the unique circumstances, diverse health and nutritional needs of our clients. This may be for those with food allergies, specific dietary restrictions or expecting parents. We were able to distribute 22,878 specialty hampers that ranged from celiac hampers, pantry hampers, renal-care hampers, prenatal nutrition and infant hampers.

HOMELESS HAMPERS

These Hampers provide two to three days of food for Calgarians with inadequate shelter. Hampers include nutritionally complete and ready-to-eat foods (pull-tab cans, heat and serve foods, or require only boiled water). Food is a catalyst to supporting anyone in need and these hampers give a starting point for conversation with those in crisis.

MILK PROGRAM

59,328 litres of healthy, nutritious milk and 2,710 cans of infant formula were provided to 1,688 mothers and 4,169 children through the Childrens Milk Program building strong bones and minds. There are 15 agencies in the Bulk Milk Program who received 23,758 litres of milk to pre-school aged children and/or pregnant & nursing women in educational, group, or support programs.

REGIONAL FOOD DISTRIBUTION

Regional Food Distribution ensures that emergency food and supplies are delivered where they are needed most. In the past year, we were able to support Food Banks in Alberta and across the nation with more than 3.1 million pounds of food.

FOOD RESCUE

Food Rescue (Reverse Logistics Program) is how we rescue and redirect 4,838,047 pounds of viable food directly from 434 food industry partnerships with retailers, wholesalers, producers, vendors and transportation companies, working towards a community with zero waste.

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